

ABSTRACT OF THE DISCLOSURE

An apparatus to support the curve of the posterior aspect of the upper and lower portion of the neck and upper thoracic portion of the spine and behind the ears to provide support to these areas so that the head and neck will remain in a supported position while the individual is asleep. The device also provides a residing area for the skull supporting the weight of the head posteriorly. The invention holds the spine in the ideal position during sleep. The device does not support the head and neck of a passenger when awake and holding his/her head and neck in the appropriate vertical position by the supporting contraction of the muscles. In such times, the passenger's head and neck area are completely free of any uncomfortable contact with the device. The device is not strapped to the neck and does not support the head or neck interiorly. When the passenger bends forward or stands up from his/her seat, the device drops behind the shoulder area over the upper thoracic, held in place by a loose strap similar to a "cowboy hat" strap. The device is mechanically effective only when passengers place it behind their neck, lean their seat backward for 10° and relax their head to rest on the device.

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